

Pre Care

BROWS

- If you have very oily skin get a facial one week prior to the procedure to equilibrate your skin's PH levels
- Start using Witch Hazel as a facial toner
- No eyebrow tinting, sun, soap, sauna, jacuzzi, swimming on chlorine pool, river, lake or in the ocean until the area of the procedure is completely are healed (7 to 10 days).
- Discontinue any vitamin A, E & C or skin care products (Retinol-A, acids) to the enhancement area two weeks prior to your procedure. **It's recommend to NOT use these products over or around the brow area after you receive Semi-Permanent Makeup procedure. It could cause fading and distortion of hair strokes.**
- Do not take aspirin, ibuprofen, fish oils, vitamin E, niacin, or drink excessive alcohol 48 hours prior to and after your procedure.
- Do not take any prescription blood thinners 48 hours prior to and after your procedure.
- Discontinue use chemical exfoliation or skin care products close to the brow area one week prior to your procedure.
- No waxing, laser or electrolysis one week prior to procedure.
- Do not have any chemical peels, dermabrasion, or any other intense treatments which will cause faster skin cell rejuvenating and cause skin irritation 3-4 weeks before procedure.
- No Botox or fillers in the procedure area before and after at least two weeks prior.
- If you experience any itching, swelling, blistering, red streaks, elevated temperature, or purulent drainage call your doctor immediately.
- If you have iron deficiency make sure you take iron pills for 3 weeks and stop taking one week prior to the procedure. You must ask your doctor for dosages.
- We kindly suggest to bring your head-phones if you have anxiety.

LIPS

- Start moisturizing your lips every night at least one week prior to the procedure with Vaseline or Aquaphor
- One night before procedure exfoliate your lips - Wash your mouth with a mouth washer before procedure
- Ask your doctor for a COLD SORE/ FEVER BLISTER prescription. Everybody has the virus on immune system. This will help to ensure that you do not have a breakout immediately following a lip procedure.
- Do not have Botox or fillers 2 weeks prior to the procedure
- Do not take an Aspirin; Ibuprofen or fish oil
- Do not wax your upper lip one week prior to the procedure
- Avoid blood thinners: Advil, Ibuprofen, Excedrin, Aspirin, Coumadin, Warfarin, Fish Oil, Vitamin E Oil, Primrose Oil, Magnesium and Alcohol
- If you have iron deficiency make sure you take iron pills for 3 weeks and stop taking one week prior to the procedure. You must ask your doctor for dosages

EYELINER

- Do not use contact lenses, bring your glasses
- Do not use growth stimulants such as Latisse®, RapidLash®, or RevitaLash® for at least one week prior to and one week after your eyeliner procedure.
- Avoid blood thinners: Advil, Ibuprofen, Excedrin, Aspirin, Coumadin, Warfarin, Fish Oil, Vitamin E Oil, Primrose Oil, Magnesium and Alcohol
- We kindly suggest to bring your headphones if you have anxiety.
- If you have iron deficiency make sure you take iron pills for 3 weeks and stop taking one week prior to the procedure. You must ask your doctor for dosages.

After Care

BROWS

- FIRST DAY: No makeup or skin care on your eyebrows for 7 days.
- Do not work out in the first 48 hours.
- Do not get them wet at the first day.
- Do not get sun exposure.

- Bot with a tissue until the lymph liquid stop coming out from the eyebrows.
- SECOND THROUGH THE SEVENTH DAY :
- AFTER CARE CREAM will be provide.
- WASH your eyebrows and hands with neutral/ antibacterial soap.
- DRY your eyebrows with a tissue paper.
- APPLY a thin layer of the after-care cream to the eyebrows 2 times a day. (antibiotic cream, ointment or oil).
- Use sterile bandage(s) or other sterile dressing(s) when necessary.

LIPS

- No makeup or skin care on your lips for 7 days
- Do not work out in the first 48hours.
- Do not get sun exposure.
- You may cover ice your lips as needed to avoid sweeling.
- Take Arnica in tablets 3 days before and 7 days after procedure (3 times a day).
- WASH your mouth with mouth washer couple times a day for 5 days.
- AFTER CARE CREAM will be provide.
- WASH your lips and hands with neutral/ antibacterial soap.
- DRY your lips with a tissue paper.
- APPLY a thin layer of the after-care cream to the lips couple times a day for 5 days.
- Use sterile bandage(s) or other sterile dressing(s) when necessary.

EYELINER

- No makeup or skin care on your eyes for 7 days.
- Do not work out in the first 48hours.
- Do not get them wet.
- Do not get sun exposure.
- You may ice your eyes as needed to avoid swelling.
- APPLY Tears Moisture Eye Drops.